

For more than a decade, Karima Essa has been performing, choreographing and teaching Bollywood and Bhangra dance forms for children, youth and adults across B.C. In 2014, her love for Bollywood took her to the screens in Mumbai, India, as a two-time finalist on Omni TV's reality show, Bollywood Star. Karima's vision is to allow children to experience the pure magic and joy of dance and storytelling through the fun expressions and movement of Bollywood dance. Children are inspiring to her because they are uninhibited and dance from the heart—and this is at the heart of every Bollywood Star!



SCHOOL PERFORMANCE

Bollywood Star

Karima Essa showcases Bollywood dance as a fun cultural art form by opening with an electrifying dance in full regalia. During her interactive and high-energy show, students learn about the origins of Bollywood dance along with some traditional and popular dance moves and key words in Hindi from Bollywood cinema. She explains how dance is a powerful and universal form of storytelling in India – a country where 1,200 different languages are spoken. Through active participation, students learn how to express different emotions, such as happiness and sadness, through the key elements of Bollywood dance involving intricate hand movements (mudras), neck and head movements, facial expressions and foot movements.

GRADE SUITABILITY: K-12

DURATION: 50 mins.

CAPACITY: 500 students

TECH REQUIREMENTS:

Artist provides own PA with music playback

FEE RANGE: \$745-945 + GST

BOLLYWOOD DANCE WORKSHOPS

Travel to Mumbai, India where Bollywood Cinema is made! In this workshop or multi-day artist-in-residency, students will learn the basic elements of Bollywood dance, including neck and head movements, facial expressions and foot movements, to a popular Bollywood song. At the end of the day or residency, the students and Karima will perform their Bollywood dance to teachers and/or parents (this is an option and can be at the end of an AIR).

GRADE SUITABILITY: K -12

DURATION: 1 day (up to 4 workshops) 45-60 minutes each

CAPACITY: 400 students (groups of 60-100 students depending on grades)

TECH REQUIREMENTS: Artist provides sound equipment

FEE RANGE: \$945-\$1245 + GST

"Karima had the students fully engaged in her performance. She was charismatic and funny and her show had just the right amount of watch-and-learn and follow-me! The students and staff were entertained and learned about the magic of communicating through music"

—Celidh Deichmann, Acting Vice-Principal & Grade One Teacher,
Lakewood Elementary School